

Elementary, RJEMS, Bigfork Breakfast Menu

ISD #318 Grand Rapids Public Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BUILD A HEALTHY BREAKFAST YOGURT OR OATMEAL W/ BERRIES, APPLE SAUCE, RAISINS, GRANOLA	FLUFFY SCRAMBLED EGGS W TURKEY SAUSAGE LINKS	FRESH BAKED WHOLE GRAIN CINNAMON ROLL W/SUNBUTTER	SUNRISE HOT EGG & CHEESE BREAKFAST SANDWICH	QUICHE LORRAINE
GRAHAM CRACKERS w/SUN BUTTER	HASH BROWN POTATO WEDGE			SPINACH, FETA CHEESE & DICED TOMATO SALAD W CITRUS BALSAMIC VINAIGRETTE
FRESH FRUIT ASSORTMENT OR FRUIT JUICE	GRAHAM CRACKERS	FRESH FRUIT ASSORTMENT OR FRUIT JUICE	FRESH FRUIT ASSORTMENT OR FRUIT JUICE	ASSORTED BREAKFAST BREADS
BUILD A HEALTHY BREAKFAST YOGURT OR OATMEAL BAR W/ BERRIES, APPLE SAUCE, RAISINS, GRANOLA	FLUFFY SCRAMBLED EGGS W TURKEY SAUSAGE LINKS	FRESH BAKED WHOLE GRAIN CINNAMON ROLL W/SUNBUTTER	PANCAKE SAUSAGE BITES	BUFFALO CHICKEN QUICHE
GRAHAM CRACKERS w/SUN BUTTER	HASH BROWN POTATO WEDGE			SPINACH, FETA CHEESE & DICED TOMATO SALAD W CITRUS BALSAMIC VINAIGRETTE
FRESH FRUIT ASSORTMENT OR FRUIT JUICE	GRAHAM CRACKERS	FRESH FRUIT ASSORTMENT OR FRUIT JUICE	FRESH FRUIT ASSORTMENT OR FRUIT JUICE	ASSORTED BREAKFAST BREADS
AVAILABLE DAILY: ASSORTED CEREAL, LOW FAT MILK				

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