

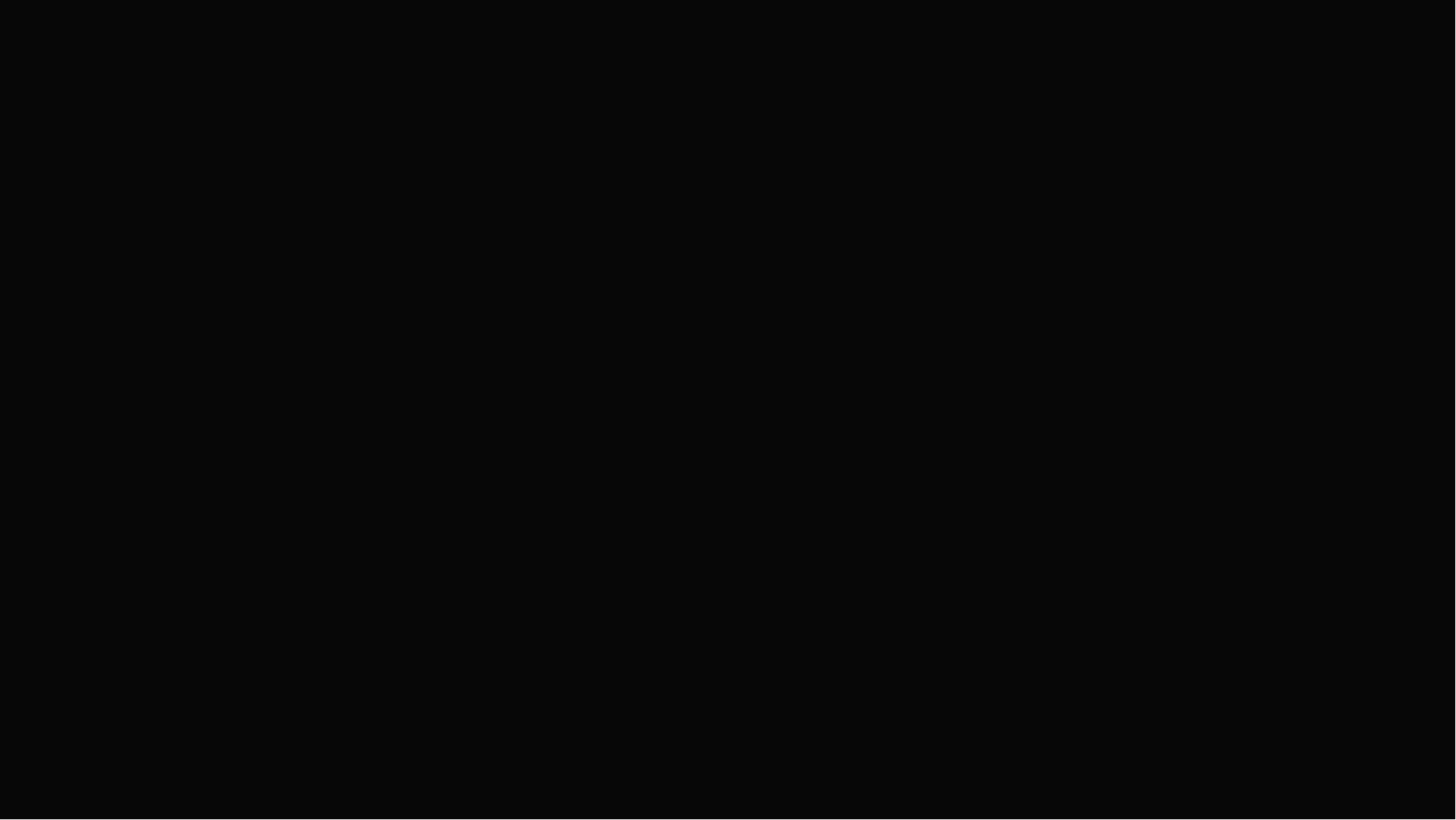


Grand Rapids Student Activities

THE THUNDERHAWK WAY

Why do YOU play?





WE ARE...

- **Education based co-curricular program**
- **Extension of the classroom**
- **Emphasize growth & improvement**
- **Reward effort not just winning**
- **Give permission to fail**
- **Focus on process then outcome**
- **Focus on student first, athlete second**



Common Language

Goals and Purpose



The GOAL of our athletic programs are to win!



**WE PREPARE, PLAN AND
PLAY TO WIN**

**BUT WINNING IS NOT OUR
PURPOSE**



The PURPOSE of our athletic program is...

- Teaching & Learning
- Human Growth & Development
- Connecting Students to Caring Adults



Life Skills
Challenge
Sportsmanship
Love
Confidence
DETERMINATION
SUCCESS
Excitement
GROWTH & DEVELOPMENT
COMMITMENT
OVERCOMING ADVERSITY
Character Building
Courage
Belonging
FUN



Our Coaches Are Committed



*****All ISD 318 Head Coaches are required to:**

- ▶ Complete continuing education requirements, per MSHSL
- ▶ Prepare philosophy, mission and vision statements for their program
- ▶ Communicate to parents the program expectations and guidelines
- ▶ Prepare emergency action plans
- ▶ Undergo formal observation in practice and games by AD
- ▶ Complete survey of players, staff and parents every 3 years
- ▶ Prepare a professional development plan every 3 years



Conducting
yourself
The
Thunderhawk
Way
leads to:

SUCCESS NOW
AND
SUCCESS LATER

Success now...



Decades of research prove students who participate in activities:

- ▶ Have better attendance
- ▶ Achieve higher GPA (**Thunderhawks: 3.3 GPA last year**)
- ▶ Avoid drugs and alcohol (**95% of Thunderhawks eligible all year**)
- ▶ Many continue their education at college or university

Success later...



- ▶ Students engaged in Athletic and Activity Programs excel in class
- ▶ Less likely to use drugs, tobacco, or suffer health issues
- ▶ Have better attendance rates – lower absenteeism
- ▶ Higher graduation rate
- ▶ Higher SAT and ACT scores
- ▶ Greater post-secondary opportunities
- ▶ Physically active, sleep better, eat healthier diet

The Thunderhawk Way



- ▶ Respect your coaches, teammates, officials and opponents
- ▶ Show good sportsmanship
- ▶ Appreciate the work of people who make it possible!
 - ▶ Bus drivers, custodians, scorers, supervisors, the bands and fans
- ▶ Honor your country during the National Anthem
- ▶ Use positive language
- ▶ Get to other activities and create some noise and excitement.
Cheer on your fellow classmates in a positive manner.

Captains Council



First Meeting

Date:

*Monday,
Sept 18th @
7:45 a.m. in
THE LOFT*

<https://youtu.be/jdhEwZWxBv>

Remember...You Can Only Pick One!



- ▶ Student Athlete
- ▶ Coach
- ▶ Official/Referee
- ▶ Parent



Here's
what...



GRAND RAPIDS
THUNDERHAWKS

REQUIRES
Of You



- The MSHSL requires all team members to complete:
 - An annual eligibility agreement
 - An annual health questionnaire
 - A physical examination every three years
- MSHSL participants must adhere to all bylaws as described in the annual eligibility agreement. Bylaw violations carry penalties that increase in duration with consequent violations.
- **Participation in MSHSL activities is a privilege, not a right.**



- Student athletes must be in grades 7-12 (bylaw 105: Students in grades K-6 are not eligible to participate in any MSHSL activities.)
 - Make progress toward graduation, be enrolled full-time and attend class
 - No more than 6 seasons in any one sport
 - All eligibility rules apply 12 months of year (continuous until graduation)
- Meet chemical eligibility requirements (no use, possession or distribution of alcohol, tobacco or controlled substance or paraphernalia).
- Be in good standing with school and team – **you must be in school all day.** If suspended from school cannot participate in any school activities.
- Student code of responsibility: I will obey and respect the rules of my school and the laws of my community, state and country. I will be fully responsible for my own actions and consequences of my actions

Academic Eligibility



	1 st Semester	2 nd Semester
9 th Grade	3 credits	6 credits
10 th Grade	9 credits	12 credits
11 th Grade	15 credits	18 credits
12 th Grade	21 credits	GRADUATE

Criteria: if a student does NOT have required credits at the end of each semester, and/or he/she has received an “F” on a grade report, he/she will be placed on academic probation and/or ineligible for competition.

1. Athletic Director will run credit/grade reports at midterm and at semester.
2. Coach will be notified and talks with student.
3. Athletic Director will notify parent/guardian. Parent communicates with teacher.
4. Meeting with counselor is arranged if needed.

Here's
what...



GRAND RAPIDS
THUNDERHAWKS

REQUIRES
of the *School*

If Law Enforcement hands a **Notice of Student Incident** to the school, and appropriate action **IS NOT** taken...

We could be subject to:

- Forfeit of games
- Forfeit of season
- Loss of trophies
- Ineligible for playoffs

GRAND RAPIDS POLICE DEPARTMENT
OFFICE (218) 326-3464
1-800-AX (218) 326-7611

NOTICE OF STUDENT INCIDENT

INCIDENT DATE: _____

STUDENT: _____

OFFICER: _____

GRPD _____

STUDENT INCIDENT OFFENSE REPORTS
Minnesota Statute 60A.28 and 60B.171 requires law enforcement agencies to forward reports to a student's school when an agency has probable cause to believe that the student has committed any of the following violations. Please indicate applicable offenses:

____ Arson, first degree 609.561
____ Assault, any 609.221
____ Burglary, first or second degree 609.582.1
____ Controlled substance crime, any 151.021
____ Criminal sexual conduct, any 609.342
____ Criminal vehicular homicide and injury 609.21
____ False imprisonment 609.255
____ Harassment 609.749
____ Kidnapping 609.25
____ Manslaughter, first degree 609.20
____ Manslaughter, second degree 609.205
____ Minor consumption of alcohol 340A.503.1 (0)
____ Minor possession of alcohol 340A.503.1 (2)
____ Minor attempting purchase of alcohol 340A.503.2 (2)
____ Murder, any 609.185





- **Chemical Eligibility Violations**

- **1st Offense: 2 weeks or 2 contests**, whichever is longer
 - Ineligible to be captain during season of suspension
 - Ineligible to earn varsity letter during season of suspension
- **2nd Offense: 3 weeks or 6 contests**, whichever is longer
 - Can never be captain in any sport or activity
 - Can never earn a varsity letter in any sport or activity
- **3rd Offense: 4 weeks or 12 contests**, whichever is longer
- Must be at all practices, games, meetings during suspension
- Must start and finish the season where suspension was served
- Denial disqualification: If not truthful; additional 9 weeks added



Parents: Good News!

You're their #1 Influence & They WANT to Talk!



- ▶ Grand Rapids students who reported their parents would feel it was *very wrong* for them to drink alcohol are 8.1 times LESS LIKELY to drink.
- ▶ 73% of students agree that parents should talk with them about **NOT** using alcohol

Data from 2021 PCN Student Survey



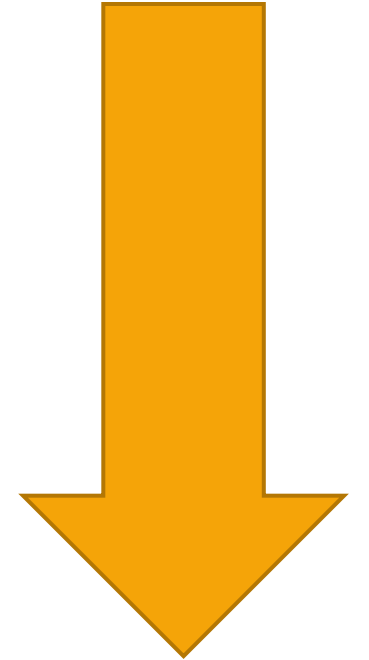
If you have
specific
questions about
these guidelines,
talk with me or
your coach!



Resolving Conflicts



- ▶ Student → Coach
 - ▶ If there's a problem: Student-athlete talks directly to the coach, One on one
- ▶ Student → Parent → Coach
 - ▶ If the problem isn't resolved call the school and request a return call or face-to-face meeting with coach(es), parent(s) and the student
- ▶ Student → Parent → Coach → Activities Director
 - ▶ If the problem is still not resolved: Call the school and request a meeting with the student, parent(s), coach(es) and Activities Director



Transportation



- ▶ We're liable for YOUR safety.
- ▶ The expectation is that the student-athlete ride the bus **to** and **from** event with the team
- ▶ A travel release form can be filled out by the parent/guardian and given to the coach – indicating the student will be leaving with them
 - ▶ *This form is on the Activities web page





Social Media can be...



Helpful

- ▶ Stay connected
- ▶ Follow other schools/teams
- ▶ Score updates
- ▶ Highlights, fun clips
- ▶ Recognize and honor people


Harmful

- ▶ Too connected, not present here & now
- ▶ Glamorizing harmful situations/rhetoric
- ▶ Relationship updates
- ▶ Lowlights, substance abuse
- ▶ Bully and make fun of people


How will you use it???



[Home](#) [Registration](#) [Other Forms](#) [Schedules](#) [Information](#)



Welcome to **THE THUNDERHAWKS** Online Registration



Quicklinks

[Athletics Page](#)
[MSHSL Website](#)

Calendar

July 2014

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Homepage

Parents/Guardians, Complete Your Athletics Registration Online!

SPORTS

Fine Arts

Intramurals

Summer Camps

Please read and follow these steps carefully to be fully registered. IMPORTANT: You are only registered once ALL steps are completed.

If you participated in a sport in the Fall or Winter, you still need to complete each step below.

Step 1: Athletes must have a current sports qualifying physical exam on file in the Activities Office. Physicals are good for 3 years from date of your last physical. You can get the blank Physical Form [here](#).
Parents/guardians, you can check the parent portal on [Infinite Campus](#) to see if your child needs a physical.

Once you have your physical completed by a doctor, you can turn it in to the office or you can scan it and submit completed Physical Forms online.

Step 2: Fill out and submit the [Online Registration Form here](#) (includes all forms in one for High School).
Fill out and submit the [Online Registration Form here](#) (includes all forms in one for Middle School).

1. grthunderhawks.com

2. Activities > Online Sports
Registration

3. Follow steps
1 & 2

Note "High School"
& "Middle School"

Athletic Passes: 2023 – 2024 School Year



- ▶ **ALL SEASON–All SPORT PASS '23 – '24: Purchase via HomeTown Fan App**
 - ▶ **Student:** \$50
 - ▶ **Adult:** \$200
 - ▶ **ISD 318 Senior (65+ years):** Free pass to home events, *except* for hockey games
- ▶ **Ticket Groups: Single sport season passes:** Save \$\$ buying all games
 - ▶ **Ex. All home Volleyball games**
- ▶ **Single Game Ticket Sales**
 - ▶ Online ticket sales and passes are available @ **GR Activities Webpage** through **HomeTown Ticketing** or the **HomeTown Fan app**

Contact Information



- ▶ Activities Office
 - ▶ **Gigi Pehrson**
218-327-5765
(gpehrson@isd318.org)
 - ▶ **Dale Christy**
218-327-5766
(dchristy@isd318.org)
- ▶ www.grthunderhawks.com
 - ▶ ONLINE SPORTS REGISTRATION
- ▶ www.lakesuperiorconference.org
("Notify Me")
- ▶ Twitter: @GR Activities
- ▶ Get the latest news and notes from the Grand Rapids Activities Department!



GO RAPIDS!



GRAND RAPIDS
THUNDERHAWKS

