

Instructor:				
Course/Area: Bigfork Fitness		Semester Class (90 days)		Grade:
Time	Content/Topics	Standard	Skills/Process	Assessment/Products
25 Days	Circuit Training	<p>Inquiry and Research Issue Analysis A student shall research an issue and evaluate proposed positions or solutions by:</p> <p>A. gathering information on past or contemporary issues; B. identifying relevant questions or a range of points of view; C. summarizing relevant background information; D. examining information from each source for bias and intended audience; E. identifying areas of conflict, compromise, or agreement among various groups concerning the issue; and F. evaluating multiple positions and proposed solutions for the issue, including analyzing conclusions, arguments, and supporting evidence; identifying motives of groups or individuals; analyzing feasibility and practicality; identifying impact on policies; comparing alternative solutions; and projecting consequences.</p>	<p>comprehend/understand demonstration comparison gather data creativity research</p>	<p>enactment model log or journal</p>
4 Days	Aerobics	<p>Inquiry and Research Issue Analysis see above</p>	<p>creativity comparison model</p>	<p>written quiz vocabulary test</p>
8 Days	Basketball		<p>higher learning of rules, terminology, strategies, safety, fitness and etiquette</p>	<p>written quiz athletic performance log or journal</p>

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8 Days	Volleyball	Inquiry and Research Issue Analysis see above	higher learning of rules, terminology, strategies, safety, fitness and etiquette	written quiz athletic performance log or journal
6 Days	Speed Ball	Inquiry and Research Issue Analysis see above	higher learning of rules, terminology, strategies, safety, fitness and etiquette	written quiz athletic performance log or journal
5 Days	Lacrosse	Inquiry and Research Issue Analysis see above	higher learning of rules, terminology, strategies, safety, fitness and etiquette	written quiz athletic performance log or journal
6 Days	Frisbee Football	Inquiry and Research Issue Analysis see above	higher learning of rules, terminology, strategies, safety, fitness and etiquette	written quiz athletic performance log or journal
10 Days	Fitness Testing	Inquiry and Research Issue Analysis see above	comprehend, evaluate and interpret information analysis data gathering	journal athletic performance oral questioning
18 Days	Classroom	Inquiry and Research Issue Analysis see above	gathering data comprehend/understand analysis decision making	journal inquiry and research project (written analysis) written tests