

Instructor:				
Course/Area:		Semester Class (90 days)		Grade: 8
Time	Content/Topics	Standard	Skills/Process	Assessment/Products
8 Days	Flag Football	Physical Education and Lifetime Fitness Physical Education and Fitness: A student shall demonstrate understanding of motor skills and physical fitness and participate in physical activities that develop motor skills and physical fitness by: 1) describing rules, skills, strategies and etiquette associated with physical education activities; 2) describing the benefit of daily participation in physical activities; 3) describing the components of fitness planning; 4) showing evidence of implementing a fitness plan 5) showing evidence of age-appropriate physical fitness 6) demonstrating motor skills required for individual, dual and team activities, and; 7) displaying proper etiquette and team-building skills in dual and group activities.	increased knowledge of strategies, terminology and increased levels of skill	written quiz observation athletic competition
6 Days	Fitness Testing	Physical Education and Lifetime Fitness Physical Education and Fitness see above	comparison to grade seven levels fitness components	journaling analyzing gathering data
8 Days	Volleyball	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	written quiz observation athletic competition

Instructor:					
Course/Area:		Bigfork Physical Education		Semester Class (90 days)	Grade: 8
Time	Content/Topics	Standard	Skills/Process	Assessment/Products	
8 Days	Badminton	Physical Education and Lifetime Fitness Physical Education and Fitness see above	activity specific motor skills rules, terminology, strategies etiquette, safety student enactment	written quiz observation athletic competition	
8 Days	Floor Hockey	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	written quiz observation athletic competition	
6 Days	Lacrosse	Physical Education and Lifetime Fitness Physical Education and Fitness see above	activity specific motor skills rules, terminology, strategies etiquette, safety student enactment	observation written quiz athletic competition	
6 Days	Soccer	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	observation written quiz athletic competition	
6 Days	Team Handball	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	observation written quiz athletic competition	
10 Days	Basketball	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	observation written quiz athletic competition	

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8 Days	Softball	Physical Education and Lifetime Fitness Physical Education and Fitness see above	increased knowledge of strategies, terminology and increased levels of skill	observation written quiz athletic competition
16 Days	Recreational Games kickball croquet tug of war whiffle ball	Physical Education and Lifetime Fitness Physical Education and Fitness see above	activity specific motor skills rules, terminology, strategies etiquette, safety student enactment	written quiz observation athletic competition